

# Registration

**Cost:** \$125 full conference (\$75 for a single day)

**CME:** This Live activity, Annual Conference TSOMA 2019, with a beginning date of 10/18/19, has been reviewed and acceptable for up to 15 Elective Credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Location:

**UPMC Passavant – McCandless**  
9100 Babcock Blvd.  
Pittsburgh, PA 15237

\* See website for directions to conference

## Register Online:

<https://www.tristateoma.org/>

## Lodging

- Fairfield Inn & Suites (0.3 Miles) 412-227-9600
- Home2 Suite by Hilton (1.1 miles) 412-630-8400

2019 Annual Tri-State OMA Conference  
1910 Sassafras Street, Suite 200  
Erie PA 16502

Recipient

# 2019 Annual Tri-State OMA Conference

October 18-19, 2019  
Passavant Hospital- UPMC  
Pittsburgh, PA



Tri  State  
Occupational Medicine Association

Component Society of ACOEM

Sponsorships Available

Thank you to UPMC for hosting our  
conference

# Agenda

## Friday October 18

8:00-11:00 Steel Mill Tour- choose either ET Braddock Plant or ATI High-Speed Mill/Edgar Thompson Plant (see website for details)

11:00-12:00 Conference Sign-In

11:30-12:30 Lunch served

12:00-12:30 Welcome- Reflections of TSOMA Past, Present, and Future- Tim Newman, MD and Chuck Prezgia, MD

12:30-1:40 Evolving Occupational Risks in the 21<sup>st</sup> Century Workplace- Chia-Chia Chang, MPH, MBA

1:40-3:00 Muscule Strength, Predictor of Health and Longevity- Paul Terpeluk, DO, MPH; Tom Gilliam IPCS; Tim Newman, MD

3:00-3:15 BREAK

3:15-4:05 Population Health Management Issues and the Occupational Physician- Dr. Kristen Mertz and Dr. LuAnn Brink

4:10-5:20 Physician/Team Leadership Course: Dyad Model, Occupational- Larry Earl, MD and Donna Lee, RN

Social Event (optional): HEINZ MUSEUM TOUR 7:00pm

## Saturday October 19

7:00-8:00 Conference Sign-In and Breakfast

7:45-8:00 Day 2 Welcome- Tim Newman, MD

8:00-9:00 Lifestyle Management, An Approach to Preventive Healthcare- Michael Parkinson, MD

9:00-10:00 Sleep Health- An Overview of the Impact on Work and Life- Jeffrey Dermer, MD, PhD

10:00-10:15 BREAK

10:15-11:35 Speed Talk Sessions- Ned Kusti, MD; Larry Earl, MD

11:35-12:25 Wearable Technology for Injury Prevention in the Workplace- Amanda Hagen, MD, MPH

12:30-1:30 Lunch and TSOMA Business Meeting

1:30-2:25 EMF/EMI with Electronic Devices (Pacers and Defibrillators)- Tim Newman, MD and G. Girard, PhD

2:20-3:35 Occupational Telemedicine Program and Demonstration- Dr. Tang

3:40-4:00 BREAK

4:00-4:55 CBD Oil- What You Need to Know- Amanda Hagen, MD, MPH

5:00 Conference Adjournment

## Steel Mill Tours- Edgar Thompson Braddock Plant or ATI High-Speed Mill



There will be two different steel mill site tour to choose from this year. Both will be leaving from the hospital at 6:45am due to travel time and safety discussion requirements. Be sure to indicate which tour you want when you register!

## Friday Night Social Event

